

# DAN MESSISCO

AIKIDO 6TH DAN HOSTED BY



## JIONJUKU:

## AIKIDO ACADEMY OF WARRIOR SPIRIT



## Explore Freedom in Practice This Memorial Day Weekend

- Creating form to manifest spontaneous technique
- Developing awareness in uke and nage
- Receiving as a way of exploring non-escape

The Aikido Dojo, 13280 66<sup>th</sup> St, Largo, FL 33773

Cost: One Class \$30, Entire Seminar \$85

**Pre-registration *required*—LIMIT 30 PARTICIPANTS**

Contact Chase to register at:

[chasewolf@gmail.com](mailto:chasewolf@gmail.com)

Send checks with your name to: 115 Shoals Circle  
N. Redington Beach, FL 33708

[www.TheAikidoDojo.com](http://www.TheAikidoDojo.com)

MARTIAL ARTS  
WEEKEND EVENT 2012

**Fri 5/25 Evening:**

5:30-8:30pm

**Sat 5/26:**

10am-12noon

2:30-5:30pm

**Sun 5/27:**

10am-12noon

“The techniques of the Art of  
Peace are neither fast nor slow...



...nor are they inside or outside.  
They transcend time and space.”

—O'Sensei

**305-394-4111**